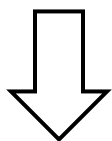
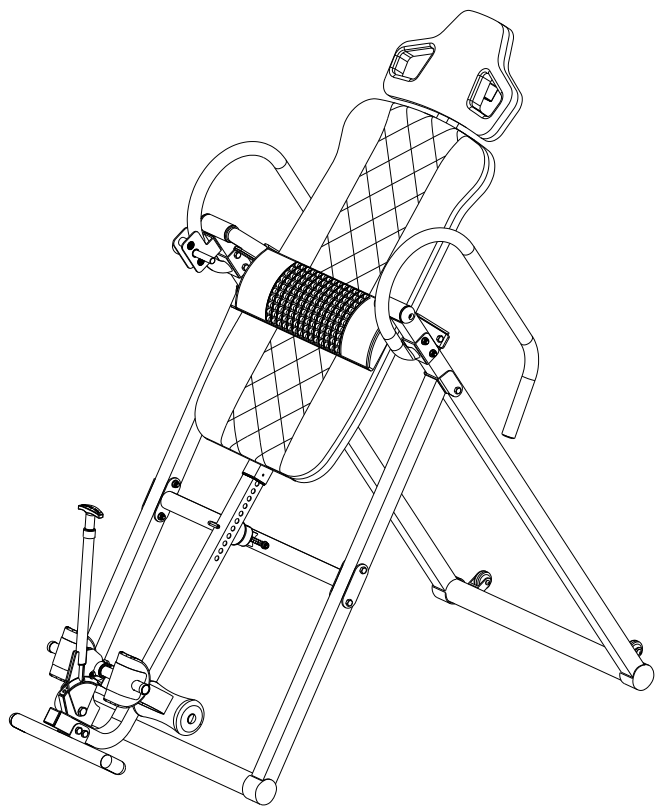
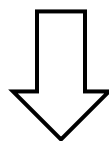
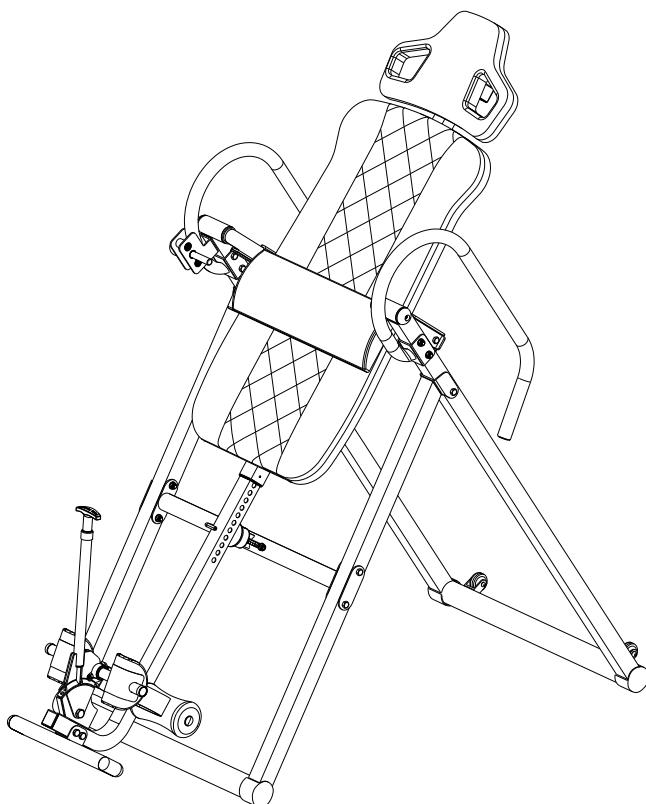


Heavy Duty Deluxe Inversion Table



Model No: 510200B
Model No: 510200R

Beads Lumbar Belt Version



Model No: 510250B
Model No: 510250R
Model No: 510500MR

Heat & Massage Belt Version

Important:

This manual contains 4 different model number.
Please read the instruction fully before assembly or use to match the correct model.

Safety Reminders

WARNING

Failure to Follow Instructions and Warnings Could Result in Injury or Death

DO NOT USE THIS INVERSION TABLE WITHOUT A LICENSED PHYSICIAN'S APPROVAL.

Close Supervision is Necessary When the Inversion Table is Used

Keep Children and Pets Away From the Inversion Table

Keep Hands and Feet Away From Moving Parts

Read All Instructions Throughout this Manual Carefully Before Using.

Tighten All Bolts Before Using Equipment.

Leave Adequate Space to Properly Invert.

Do Not Use or Store Outside

To Prevent Serious Injury or Death, Check to Make Sure Ankle Locking System is Working Properly Before Each Use. Ankle Lock and Ankle Straps Must Be Used When Inverting

Questions/ Comments

PLEASE DO NOT CONTACT THE STORE FOR PARTS OR SERVICE QUESTIONS

Zeus Gear LLC. is committed to providing the very best of quality and customer satisfaction for all of the products we distribute. If for any reason , you are dissatisfied with the product you have purchased or need assistance in any way, please do not hesitate to contact our technical support voicemail system at: **214-2577-8768** or send us an email at:

service@zeusgearllc.com

For any and all parts, please visit:

Web: www.zeusgearllc.com

Mon.-Fri 9:00 am – 5:00 pm Nevada Time

Note:

This product is designed to users from 5'1 to 6'6" and **Maximum User Weight of 300 LB**

BEFORE BEGINNING ASSEMBLY...

Take a few moments to familiarize yourself with the specific parts and hardware included with your product. Make sure all the parts and hardware are included in the carton and examine them for any damage that may have occurred in transport. If any parts are worn or missing, Do Not Use the Inversion Table. Some parts may be pre-assembled and pre-installed.

CAUTION **WARNING:**

BEFORE STARTING ANY INVERSION PROGRAM, CONSULT YOUR PHYSICIAN.

Some Medical Conditions May Not be Suitable for Use with this Product

Read all instructions very carefully before using equipment

Failure to Follow Instructions Could Result in Serious Injury or Death

Inspect Product Carefully Before Each Use

Tighten all Bolts Securely Before Using Equipment

Product Warranty

Limited Liability

Zeus Gear LLC. warrants that this product will be free from defects in materials and workmanship for a period of **ninety (90) days** from date of purchase. This warranty applies only to the original purchaser when purchase of the product is from an authorized retailer and is for personal or household use, but not when the sale is for commercial use. This warranty is not transferable.

EXCEPT FOR THE LIMITED EXPRESS WARRANTY STATED HEREIN, Zeus Gear LLC.

DISCLAIMS ALL OTHER EXPRESS OR IMPLIED WARRANTIES, INCLUDING BUT NOT LIMITED TO IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE. SOME STATES DO NOT ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS, SO THE ABOVE LIMITATIONS MAY NOT APPLY TO YOU.

Zeus Gear LLC, will not be liable for any loss or damage, including incidental or consequential damages of any kind, whether based upon warranty, contract or negligence and arising in connection with the sale, use or repair of the product.

SOME STATES DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES, SO THE ABOVE LIMITATION OR EXCLUSION MAY NOT APPLY TO YOU. THIS WARRANTY GIVES YOU SPECIFIC LEGAL RIGHTS AND YOU MAY HAVE OTHER RIGHTS THAT VARY FROM STATE TO STATE.

In the event of failure of this product to conform to this warranty during the warranty period, please call Zeus Gear LLC Customer Service Number at 214-257-8768 for assistance in the repair or replacement of the product or any covered part. Zeus Gear LLC will repair or replace, at its own option, the product or any covered part, except that this warranty does not cover damage caused by accident (including transit), or repairs or attempted repairs by any person not authorized by Zeus Gear LLC, or by vandalism, misuse, abuse, or alteration. The Warranty Period is based on the purchase date of the product validated by the Authorized Retailers Register Receipt, or valid copy of transaction statement.

If you require service under this warranty, please call Customer Service at (214-257-8768)

PLEASE DO NOT RETURN THIS PRODUCT TO THE STORE

PRECAUTIONS

WARNING: 300 LB MAXIMUM WEIGHT CAPACITY

To reduce the risk of serious injury:

All Users should read and understand all important precautions instructions and warnings in this manual before using the Inversion Table. It is your responsibility to familiarize yourself with the proper use of the inversion table and the inherent risks of the inversion table(ex. Falling on your head/neck, pinching, equipment failure, etc.) It is the responsibility of the owner to ensure that all users of the device are fully informed about the proper use of the equipment and all warnings and safety precautions. Zeus Gear LLC. assumes no responsibility for personal injury or property damage sustained by or through the use of the Inversion System.

DO NOT USE THIS INVERSION TABLE WITHOUT A PHYSICIAN'S APPROVAL. THIS PRODUCT MAY NOT BE APPROPRIATE FOR USE WITH CERTAIN MEDICAL CONDITIONS. YOU ARE STRONGLY ADVISED TO USE THIS PRODUCT ONLY UNDER THE DIRECTION OF YOUR LICENSED PHYSICIAN. HAVE THESE GUIDELINES APPROVED BY YOUR LICENSED PHYSICIAN BEFORE USE

(this list is for reference only, it is not an exhaustive listing):

- Acutely Swollen Joints
- Bone Weakness (Osteoporosis)
- Cerebral Sclerosis
- Conjunctivitis
- Glaucoma
- Heart or Circulatory Disorders
- Hiatal Hernia
- High Blood Pressure
- Hypertension
- Medullary Pins
- Middle Ear Infection
- Overweight/ Extremely Obese
- Pregnancy
- Recent or Unhealed Fractures
- Recent Stroke or Transient Ischemic Attack
- Retinal Detachment
- Spinal Injury
- Surgically Implanted Orthopedic Supports
- Use of Anticoagulants (Including High Doses of Aspirin)
- Ventral Hernia
- Weak Ankles and /or Feet

DO NOT LET CHILDREN USE THE INVERSION TABLE

ALWAYS WEAR LACE UP ATHLETIC SHOES. DO NOT USE IN BARE FEET, SOCKS, SLIP ON SHOES TO PREVENT FALLING OUT OF UNIT ON YOUR HEAD OR NECK. THIS COULD CAUSE SERIOUS INJURY OR DEATH.

INSURE THAT ALL NUTS, BOLTS, AND SCREWS ARE COMPLETELY TIGHTENED BEFORE USING THIS PRODUCT.

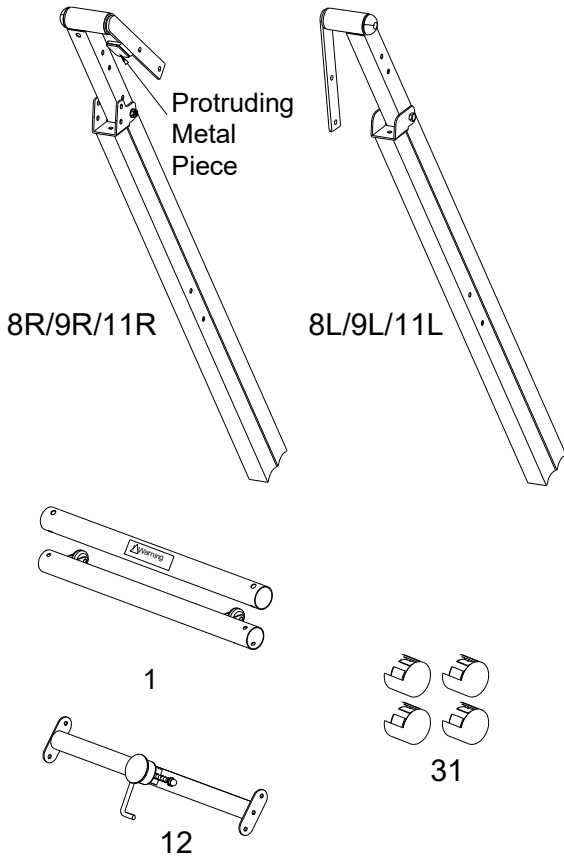
SECURE YOUR ANKLES with LONG RATCHET SYSTEM AND ANKLE SECURITY STRAPS BEFORE EACH INVERSION SESSION

INSPECT ANKLE LOCKING SYSTEM FOR PROPER LOCKING FUNCTION BEFORE EACH USE

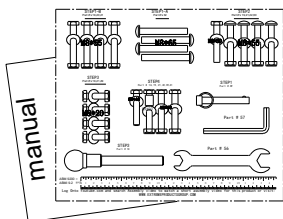
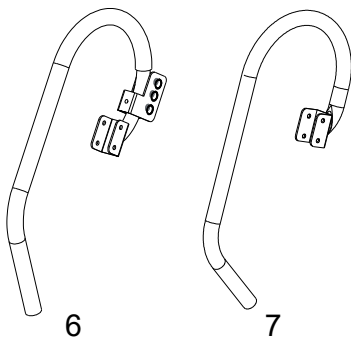
HAVE SOMEONE SPOT YOU DURING INVERSION

Components For Assembly Model 510200B/510200R

STEP 1 Components

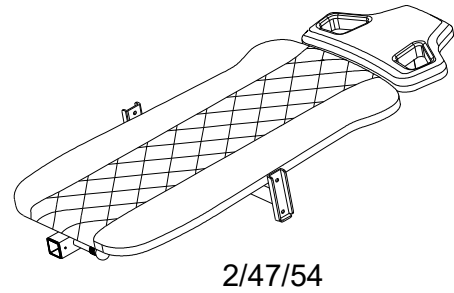


STEP 2 Components

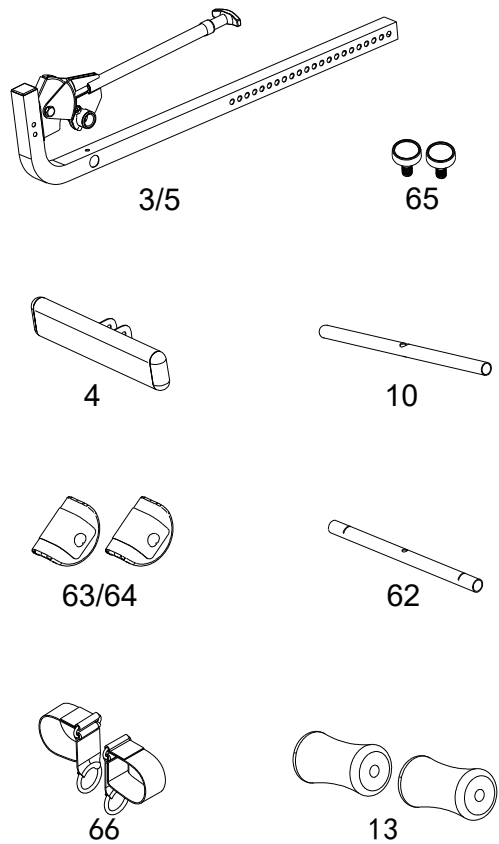


Hardware Pack & Manual

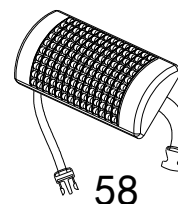
STEP 3 Component



STEP 4 Components



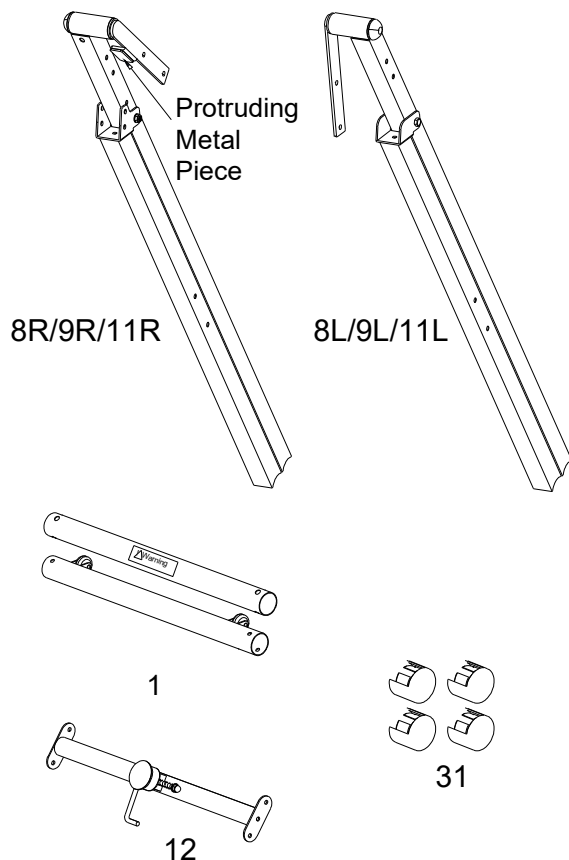
STEP 6 Components



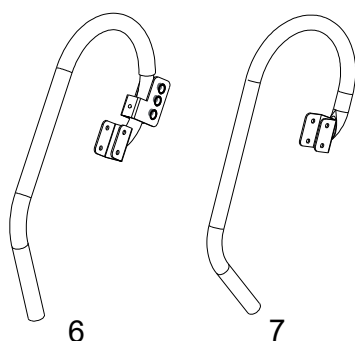
Components For Assembly

Model 510250B/510250R/510500MR

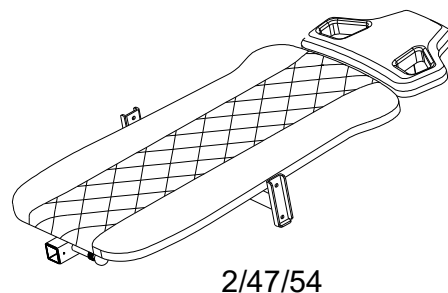
STEP 1 Components



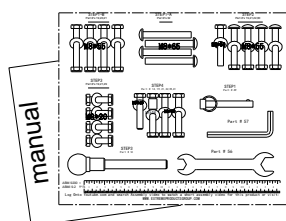
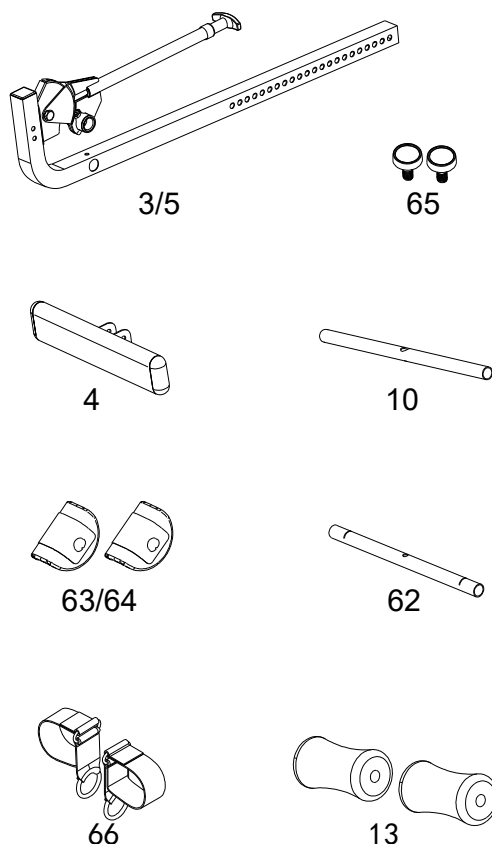
STEP 2 Components



STEP 3 Component

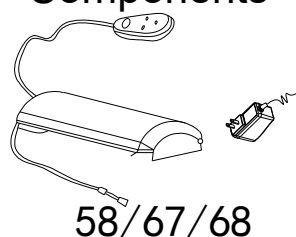


STEP 4 Components

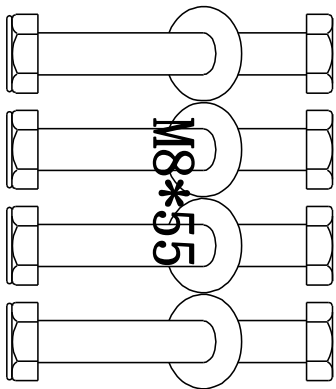


Hardware Pack & Manual

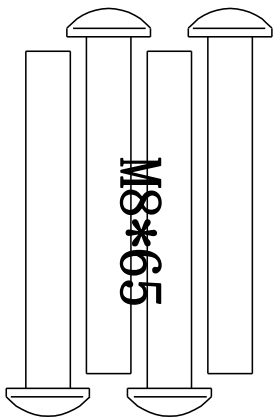
STEP 6 Components



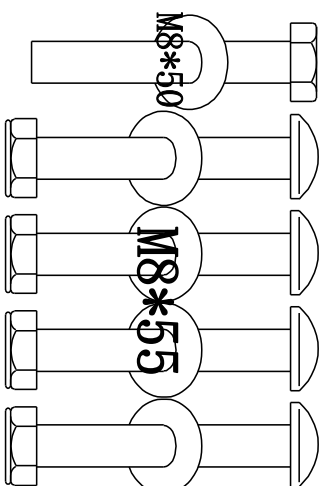
STEP1-B
Part #s 19,20,21



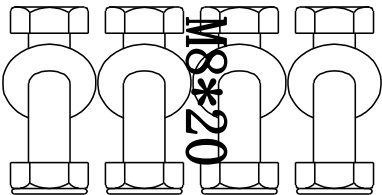
STEP1-A
Part #s 32



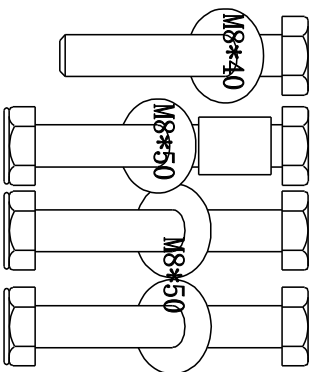
STEP2
Part #s 19,21,22,60



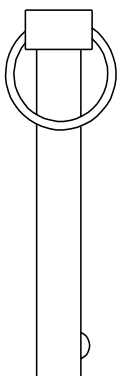
STEP3
Part #s 19,21,29



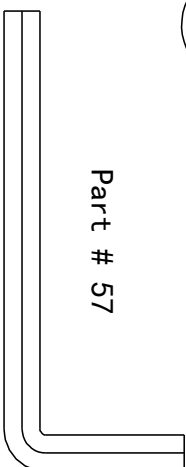
STEP4
Part # 16, 19, 21, 22, 39, 41



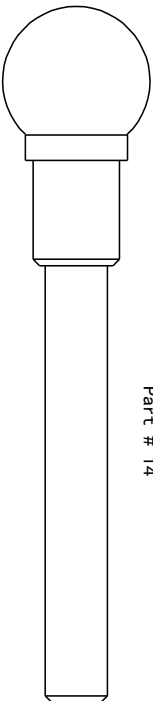
STEP1
Part # 49



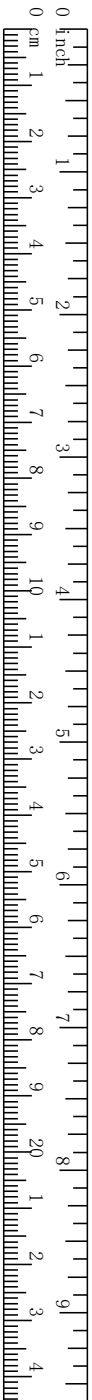
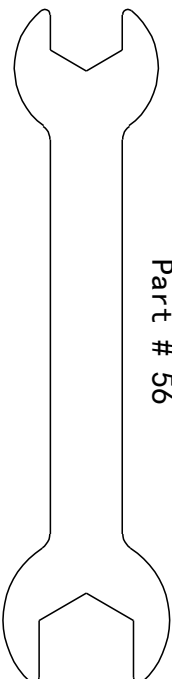
Part # 57



STEP3
Part # 14



Part # 56



Log Onto Youtube.com and search Assembly video to watch a short assembly video for this product or visit:

www.zeusgearllc.com

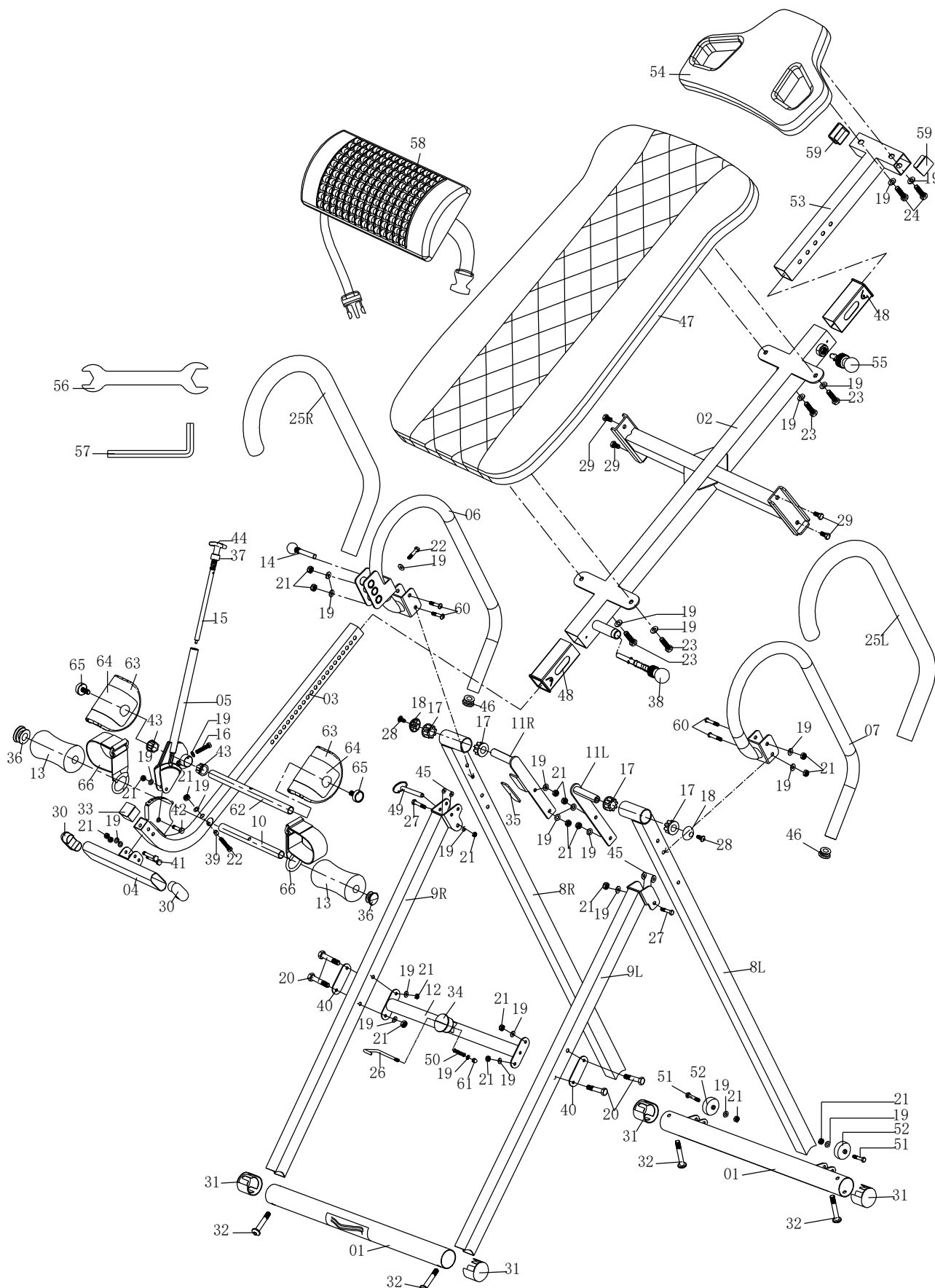
Part Listing - Model 510200B/510200R

Part#	Description	QTY	Part#	Description	QTY
1	Bottom Base Frame Tube	2	32	Hexagonal Bolt - M8x65mm	4
2	Backrest Support Tube	1	33	Square End Cap- Height Adjustment	1
3	Body Height Adjustment Tube	1	34	Stopper	1
4	Footrest Plate	1	35	EVA Stopper Space Pad	1
5	Adjustable Ankle Holding Bar	1	36	Round Roller End Caps	2
6	Right Handlebar	1	37	Nut M20	1
7	Left Handlebar	1	38	Height Adjustment Knob	1
8L	Rear Base Frame - Left	1	39	Metal Bushing for Rear Leg Tube	1
8R	Rear Base Frame - Right	1	40	Metal Support Plate	2
9L	Front Base Frame - Left	1	41	Bolt-M8x50mm	2
9R	Front Base Frame - Right	1	42	Bolt – M8x40mm	1
10	Leg Roller Tube	2	43	Plastic Bushing ø22	2
11L	Rotational Bracket - Left	1	44	T Knob	1
11R	Rotational Bracket - Right	1	45	Plastic Washer - $\varnothing 20 \times \varnothing 9.5 \times 1.2$	4
12	Front Cross Bar	1	46	Round End Cap - Handlebars	2
13	Foam Leg Rollers	2	47	Backrest Pad	1
14	Incline Adjustment Bolt	1	48	Lower Bed Frame Bushing	2
15	Long Pole	1	49	Ball Pin- $\varnothing 8 \times 65 \text{mm}$ -Frame Lock Pin	1
16	Bolt – M8x40mm	1	50	Locking Frame Front Spring	1
17	Rotational Spacer - Base Frame	4	51	Bolt - M8x35mm	2
18	Rotational End Cap - Base Frame	2	52	Wheels	2
19	Flat Washer - $\varnothing 16 \times \varnothing 8.5 \times 1.5$	29	53	Headrest Adjustment Tube	1
20	Bolt - M8x55mm	4	54	Head Pad	1
21	Lock Nut - M8	20	55	Headrest Adjustment Knob	1
22	Bolt - M8x50mm	1	56	Wrench-#13/#17	2
23	Bolt - M8x30mm	4	57	Hex Wrenches	1
24	Bolt - M8x45mm	2	58	Beads Lumbar Pad	1
25L	Left Handlebar Grip	1	59	Square End Cap - Height Adjustment	2
25R	Right Handlebar Grip	1	60	Bolt-M8x55mm	4
26	L-shaped Hook(Safety Lock)	1	61	Hooded Nut M8	1
27	Bolt - M8x60mm	2	62	Ankle Holding Tube-Front	1
28	Hexagonal Bolt - M8x20mm	2	63	U Shape Holder	2
29	Bolt - M8x20mm	4	64	Metal U Shape Cover	2
30	Oval End Caps - Footrest Plate	2	65	Screw Plastic Cap	2
31	Base Frame End Caps	4	66	Ankle Safety Strap	2

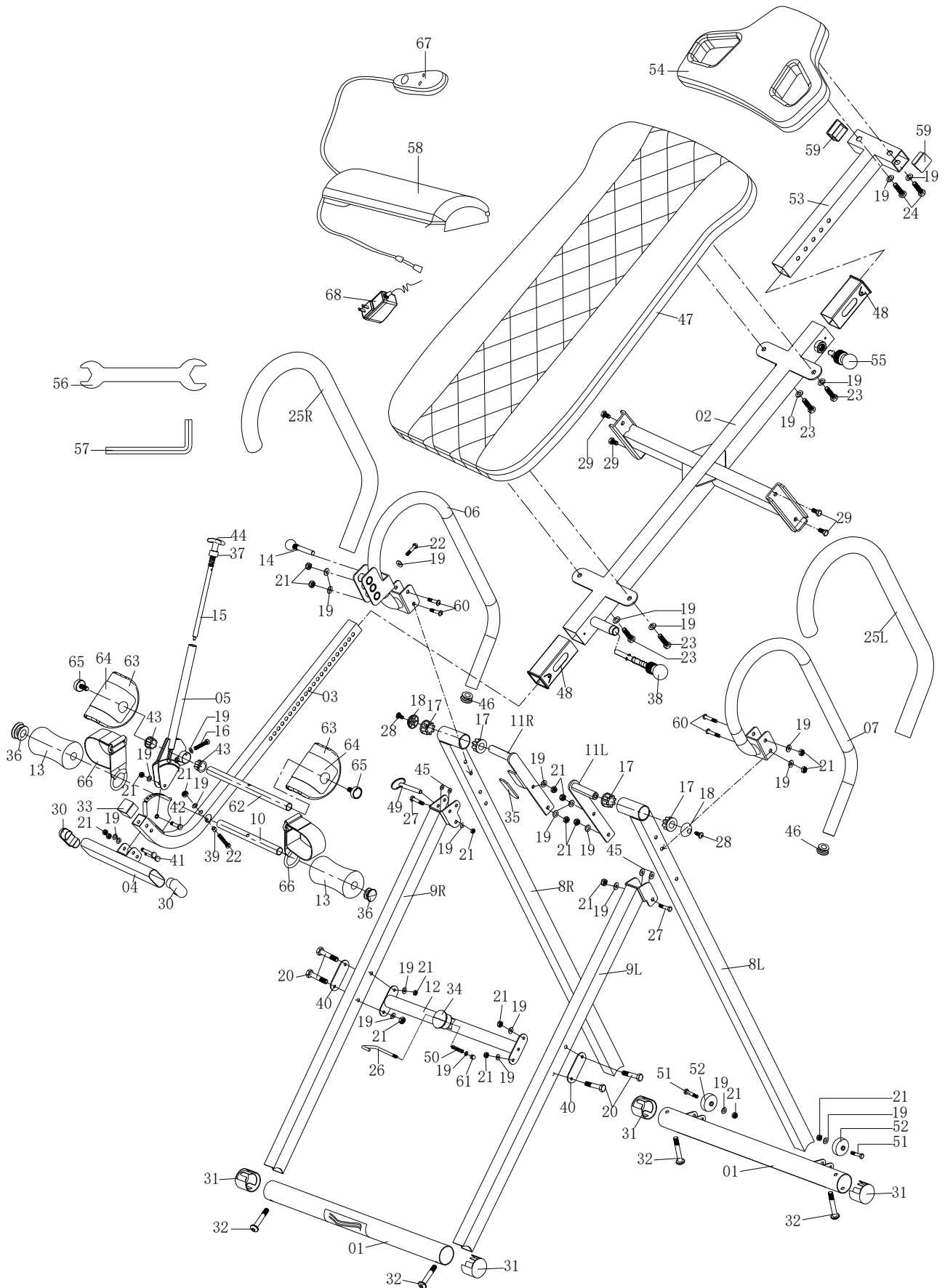
Parts Listing - Model 510250B/510250R/510500MR

Part#	Description	QTY	Part#	Description	QTY
1	Bottom Base Frame Tube	2	33	Square End Cap- Height Adjustment	1
2	Backrest Support Tube	1	34	Stopper	1
3	Body Height Adjustment Tube	1	35	EVA Stopper Space Pad	1
4	Footrest Plate	1	36	Round Roller End Caps	2
5	Adjustable Ankle Holding Bar	1	37	Nut M20	1
6	Right Handlebar	1	38	Height Adjustment Knob	1
7	Left Handlebar	1	39	Metal Bushing for Rear Leg Tube	1
8L	Rear Base Frame - Left	1	40	Metal Support Plate	2
8R	Rear Base Frame - Right	1	41	Bolt-M8x50mm	2
9L	Front Base Frame - Left	1	42	Bolt – M8x40mm	1
9R	Front Base Frame - Right	1	43	Plastic Bushing ø22	2
10	Leg Roller Tube	2	44	T Knob	1
11L	Rotational Bracket - Left	1	45	Plastic Washer - $\varnothing 20 \times \varnothing 9.5 \times 1.2$	4
11R	Rotational Bracket - Right	1	46	Round End Cap - Handlebars	2
12	Front Cross Bar	1	47	Backrest Pad	1
13	Foam Leg Rollers	2	48	Lower Bed Frame Bushing	2
14	Incline Adjustment Bolt	1	49	Ball Pin- $\varnothing 8 \times 65$ mm-Frame Lock Pin	1
15	Long Pole	1	50	Locking Frame Front Spring	1
16	Bolt – M8x40mm	1	51	Bolt - M8x35mm	2
17	Rotational Spacer - Base Frame	4	52	Wheels	2
18	Rotational End Cap - Base Frame	2	53	Headrest Adjustment Tube	1
19	Flat Washer - $\varnothing 16 \times \varnothing 8.5 \times 1.5$	29	54	Head Pad	1
20	Bolt - M8x55mm	4	55	Headrest Adjustment Knob	1
21	Lock Nut - M8	20	56	Wrench-#13/#17	2
22	Bolt - M8x50mm	1	57	Hex Wrenches	1
23	Bolt - M8x30mm	4	58	Backrest Heat & Massage /heat Pad	1
24	Bolt - M8x45mm	2	59	Square End Cap - Height Adjustment	2
25L	Left Handlebar Grip	1	60	Bolt-M8x55mm	4
25R	Right Handlebar Grip	1	61	Hooded Nut M8	1
26	L-shaped Hook(Safety Lock)	1	62	Ankle Holding Tube-Front	1
27	Bolt - M8x60mm	2	63	U Shape Holder	2
28	Hexagonal Bolt - M8x20mm	2	64	Metal U Shape Cover	2
29	Bolt - M8x20mm	4	65	Screw Plastic Cap	2
30	Oval End Caps - Footrest Plate	2	66	Ankle Safety Strap	2
31	Base Frame End Caps	4	67	Hand Controller for Heat & Massage	1
32	Hexagonal Bolt - M8x65mm	4	68	Power Adaptor	1

Exploded View - Model 510200B/510200R



Exploded View - Model 510250B/510250R/510500MR



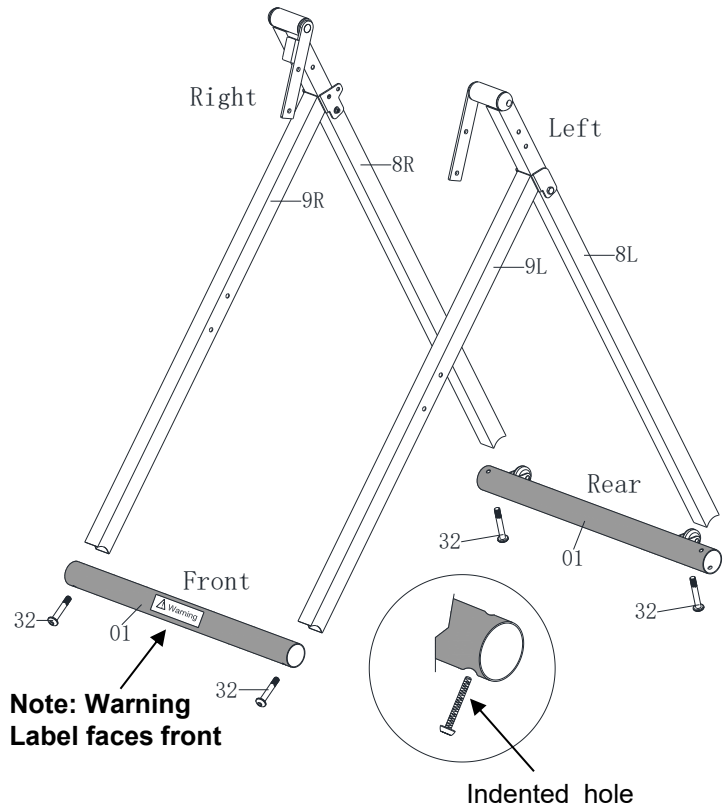
Step 1 – Base Frame Assembly

STEP 1-A: Base Frame

Unpack base frame from carton.
Attach the front Bottom Tube(1) to the front Base frame(9R\9L) using 2-Bolts(32).
Repeat for the rear Bottom Tube(8R\8L) as shown.



Parts Needed



STEP 1-B: Base Frame

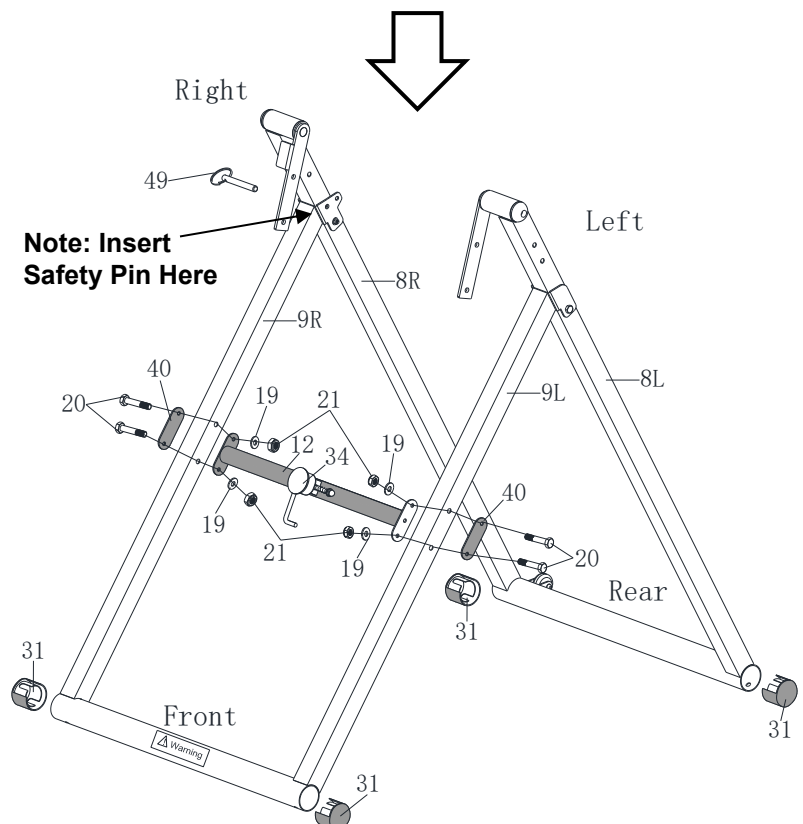
Attach the Cross bar(12) to the front Base frame(9R\9L) using 4-Bolts(20), 2-Metal Support Plate(40), 4 flat Washers(19) and 4 Nuts(21). Note Cross Bar 12 may appear short but squeeze the left and right frame together to tighten.

Insert Safety Pin (49) through the hole on the right side between the 2 frames (8R&9R) to lock the Base Frame open. See detailed picture.

Unfold Base-frame- Front (9) from Base-frame-Rear (8).
Insert 4-Base-frame End Caps(31).
Insert Ball Pin (49) through right side hole between the 2 frames.



Parts Needed

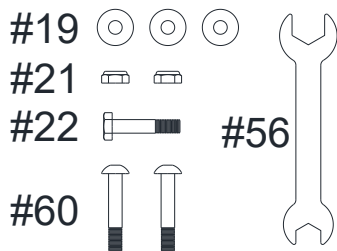


Step 2 – Handlebar Assembly

Step 2- Installing Handlebars

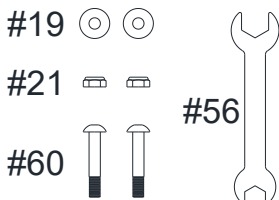
Attach the Handlebar Right (6) to the Base frame Rear(8R) using 2 Hexagonal Bolts (60), 2 Washers (19), and 2 Nuts (21). **Be sure to insert Hexagonal Bolts (60) from the inside of the frame. The Washers (19) and Lock Nuts (21) will be on the outside of the frame**

Do not tighten Bolts 60 until Bolt 22 is installed. Use Bolt (22) and Flat Washer (19) to secure the Right Handlebar (6) to the Rear Base Frame (8R).



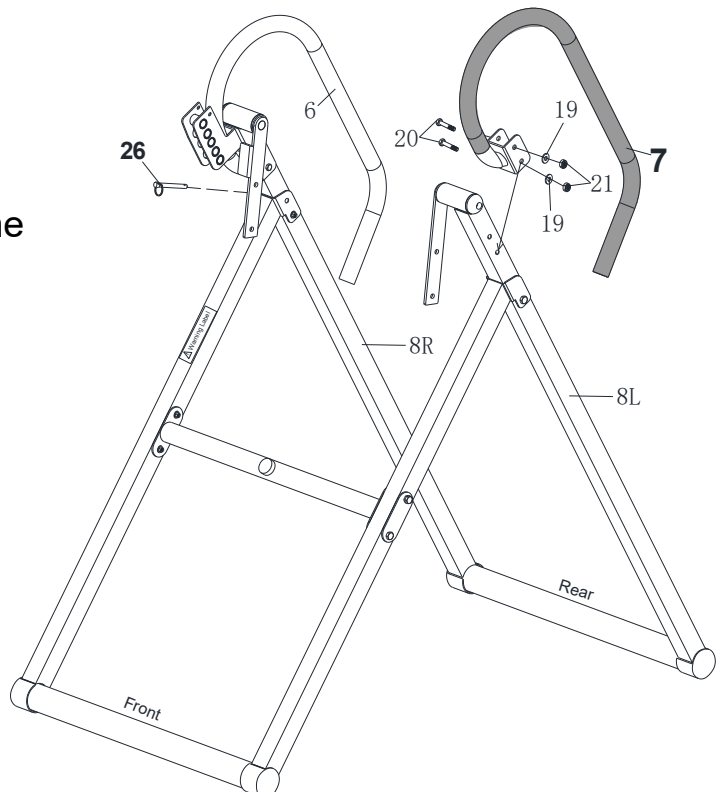
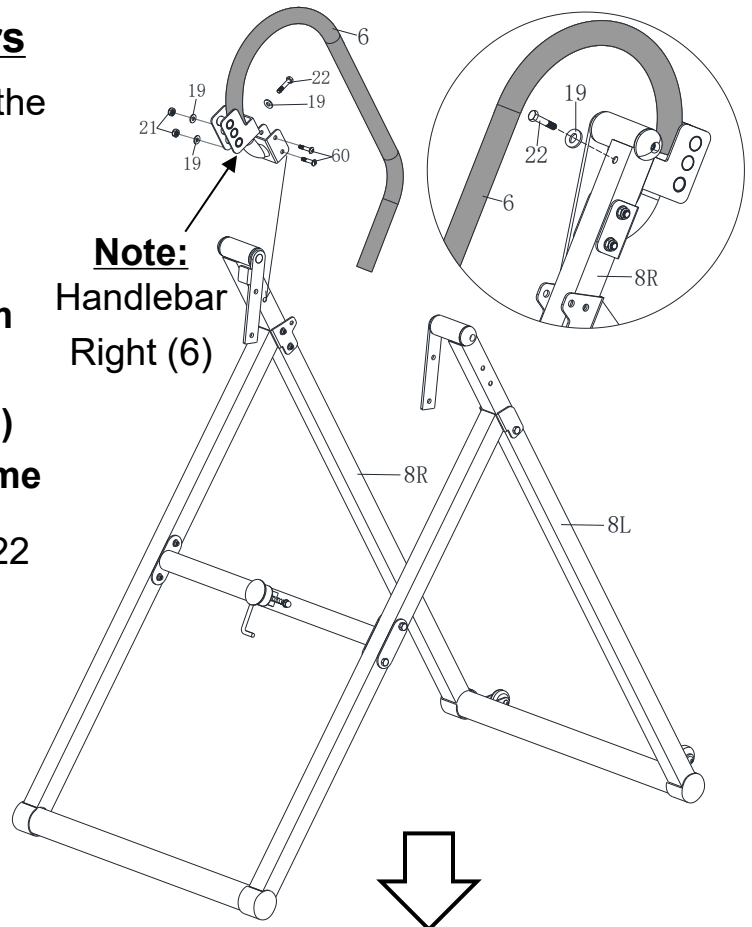
Parts Needed

Attach the Left Handlebar (7) to the Rear Base Frame (8L) using 2 Hexagonal Bolts (60), 2 Washers (19), and 2 Lock Nuts (21).



Parts Needed

TIGHTEN ALL NUTS AND BOLTS AT THIS TIME



Step 3 - Backrest Assembly to Base Frame

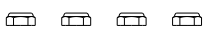
Before Installation, Please NOTE:

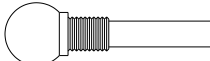
Connecting Brackets (11R&11L) **MUST** be pointing downward and the Pre-Installed Backrest **MUST** be attached from below and up into the connecting brackets or the table will not invert properly.

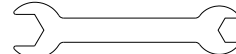
Parts Needed

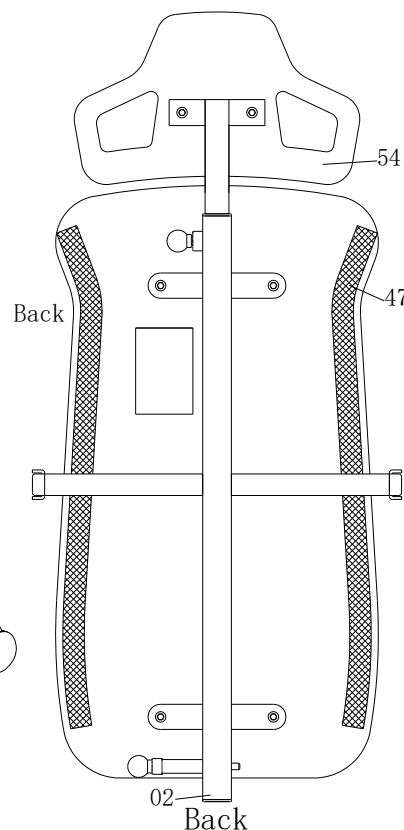
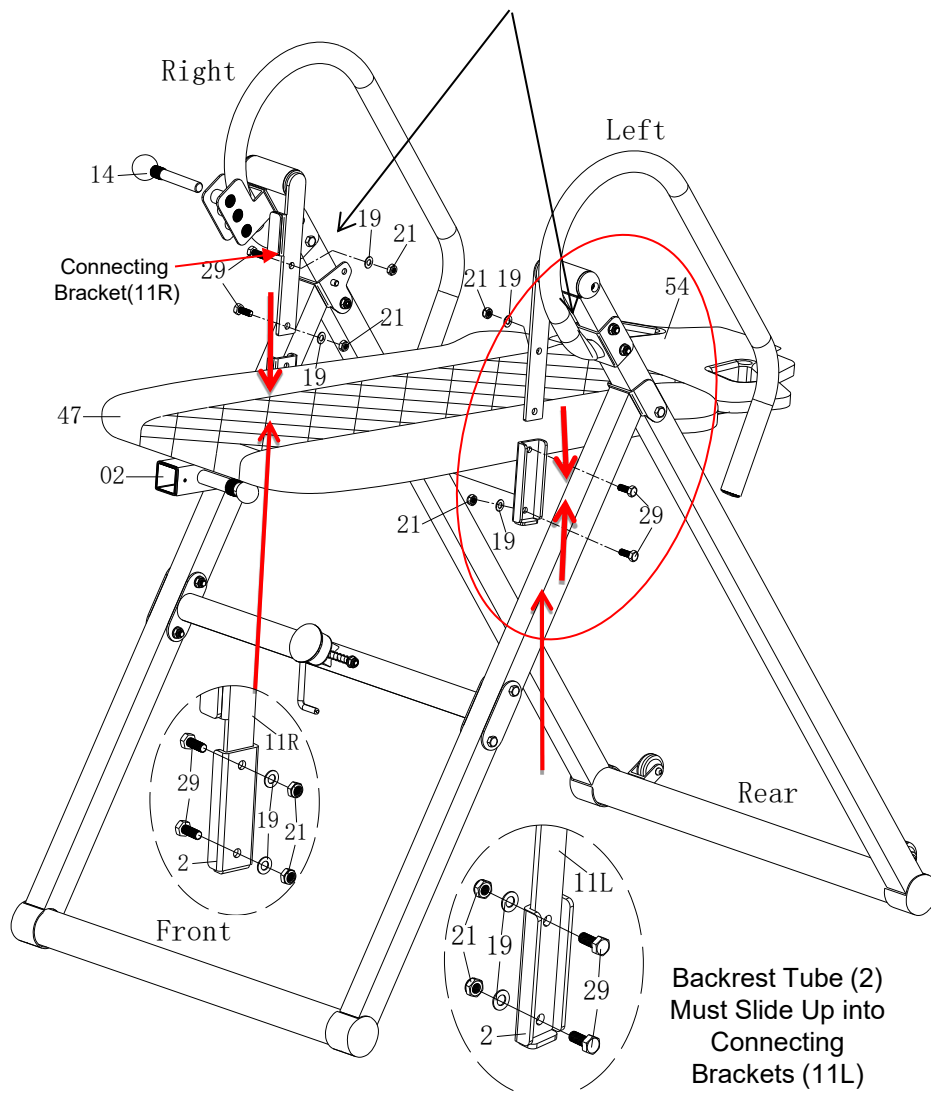
#29 

#19 

#21 

#14 

#56 



STEP 3 Connecting Backrest

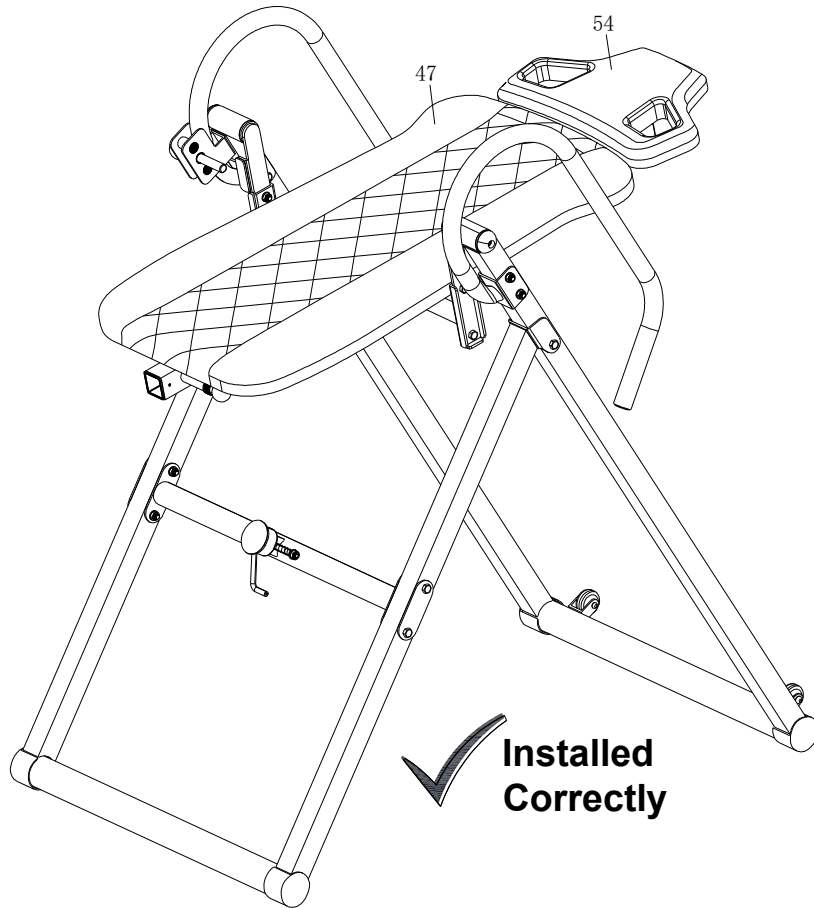
Attach the Pre-Installed Backrest (2&47&54) to the Connecting Brackets (11R&11L) using 4 Bolts (29), 4 Flat Washers (19) and 4 Lock Nuts (21).

Be sure to insert the Bolts (29) from the outside of the U Metal Plate.

Install Incline Adjustment Bolt (14) into Incline Position 20 Hole and Tighten.

NOTE: TIGHTEN ALL BOLTS AT THIS TIME

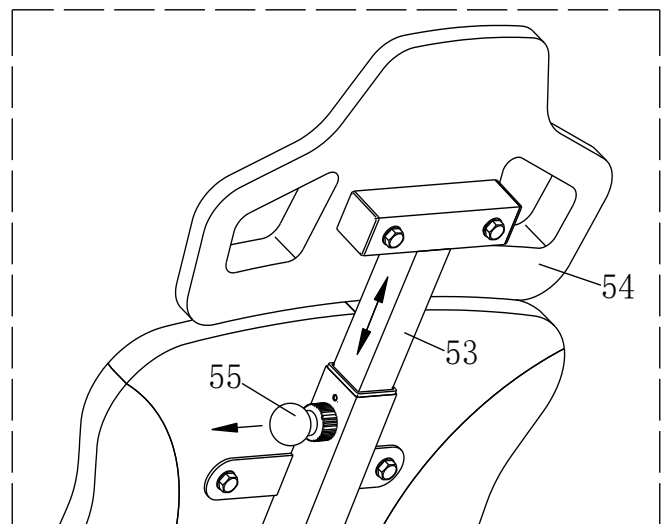
Step 3 – Backrest Assembly to Base Frame



To Adjust Head Pad

Loosen and Pull the Height Adjustment Knob (55) and at the same time slide the Head Adjustment Tube (53) up or down to your desired size and release the Height Adjustment Knob (55). **Re-Tighten** Height Adjustment Knob to secure the head rest in desired position

Make sure the Height Adjustment Knob (55) locks securely into a hole.



TIGHTEN ALL NUTS, BOLTS, AND SCREWS AT THIS TIME

Important New Ankle Security System Assembly

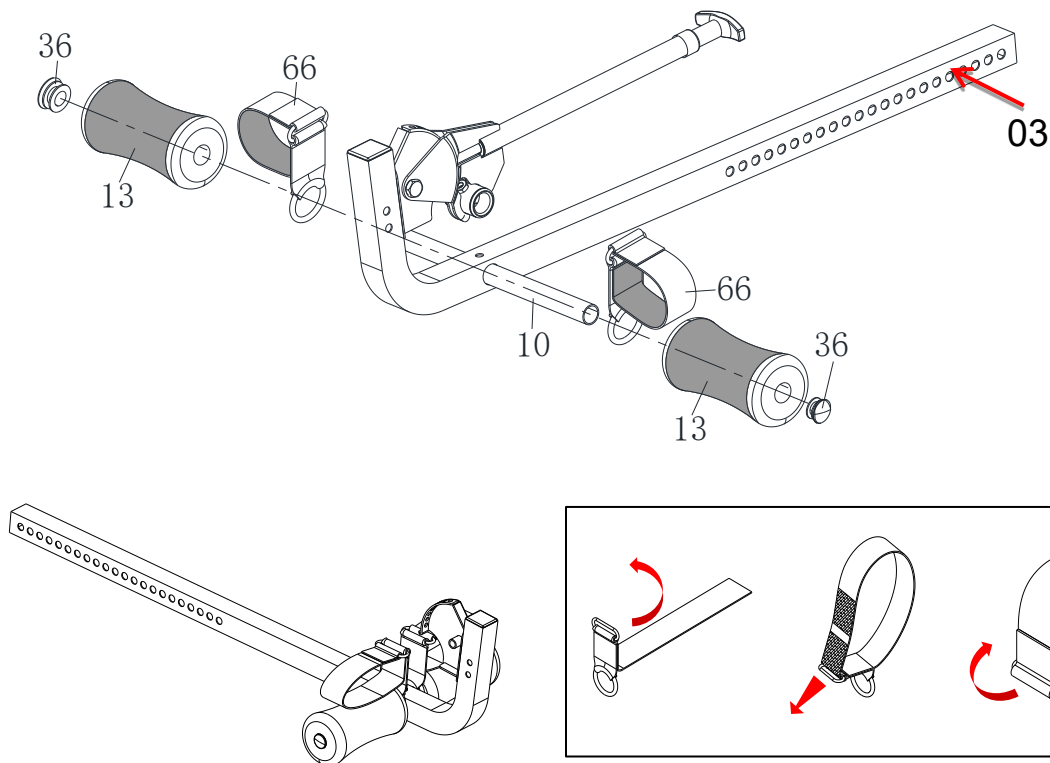
WARNING:

This Ankle Security Strap System has been designed as a second layer of personal protection when inverting in addition to the front leg ratchet system.

We strongly advise you to secure these straps to your ankles before inverting as well as using and locking the long front leg ratchet system to secure your ankles.

The Ankle Straps are NOT a replacement for using the Ankle Ratchet System.

Failure to use these Ankle Straps in addition to the front ankle ratchet system could cause serious injury or death.



Assembly Process:

Insert Rear Leg Tube (10) through hole in height tube (03) slider and tighten with bolt, washer and nut provided.

Slide Metal Ring of Ankle Safety strap (66) over rear leg tube (10) on each side, then slide foam rollers (13) over rear leg tube (10). Proceed to next step of attaching Foot Rest Plate.

To Use, open Velcro on Ankle Strap; wrap around Ankle, and secure with Velcro for a snug fit. Strap should be secured around ankle before inverting.

Note: These ankle straps are Not a substitute for also using the front Ratchet Arm Security System. Both Ratchet, and Ankle Straps **MUST** be used while inverting.

NOTE: TIGHTEN ALL BOLTS AT THIS TIME

STEP 4-Body Height Adjustment Tube and Rollers

Pull out Adjustable Leg Hold Tube(5) and position horizontally as shown. (This Will have spring pre-assembled inside Tube from factory which should not be removed)

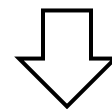
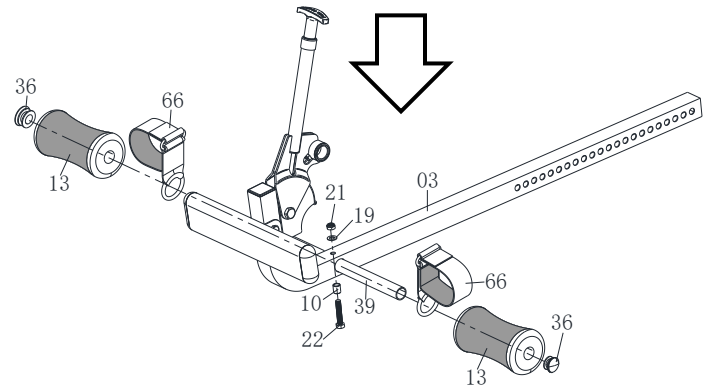
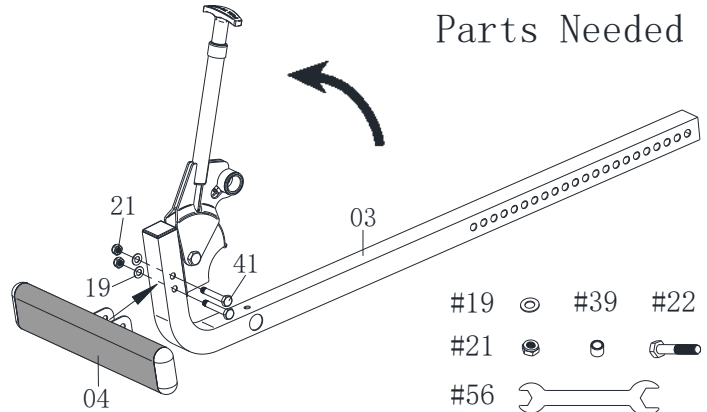
Install Foot Rest Plate (4) into Adjustment Tube(3) using 2 Bolts(41) and 2 Washers(19) and Lock Nut(21).

Insert Rear Foam Leg Roller Tube (10) through Height Adjustment Tube (03); Insert Bolt (22), Metal Bushing (39) and tighten them with a Flat Washer(19) and a Lock Nut(21). Slide **Metal Ring of Ankle Safety strap (66)** over rear leg tube on each side, then slide foam rollers (13) over rear leg tube (10).

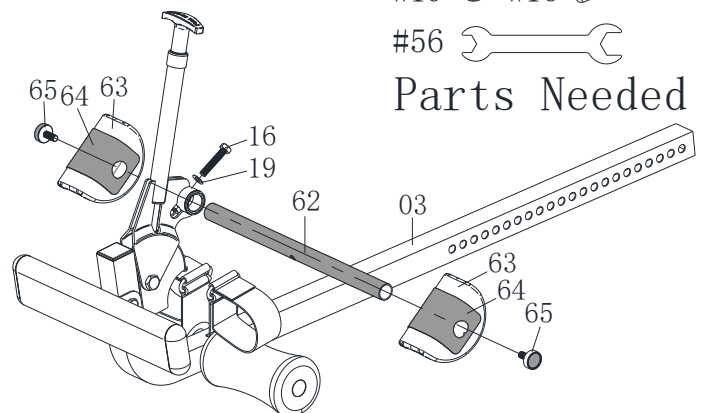
Insert Front U Shape Holder Tube (62) through Height Adjustment Tube (03) and secure with Bolt (16) Washer (19). Slide the U-Shape Holder (63) with Metal U-Shape Cover (64) onto each end of the Front U Shape Holder Tube (62), then Screw the Plastic Caps(65) to Front U Shape Holder Tube(62).

Make sure Leg Tube Adjustment Knob is properly connected to Height Adjustment Tube (03) and functions properly

#19   #41 #41
#21    
#56  
Parts Needed

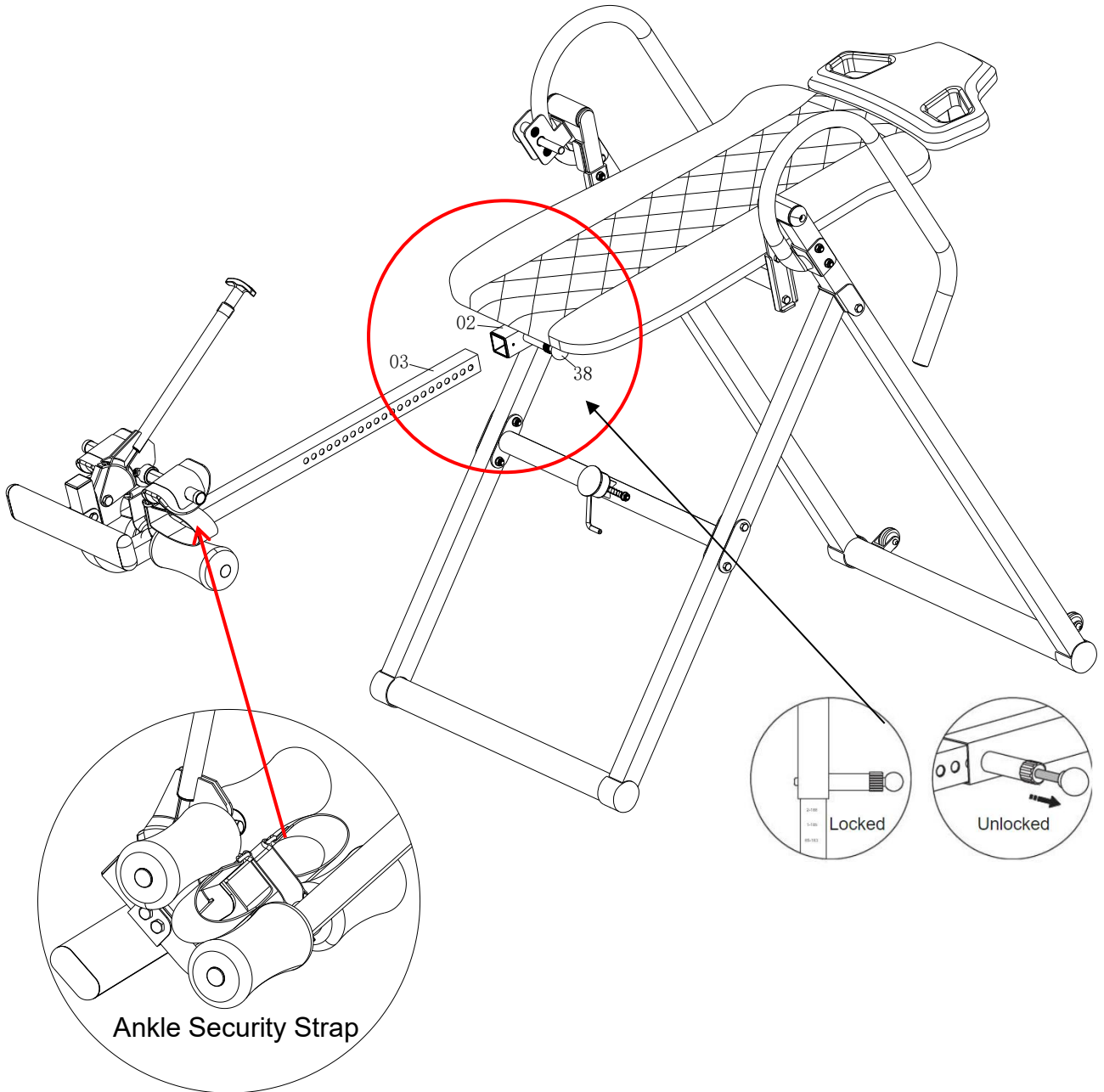


#19  #16 
#56  
Parts Needed



TIGHTEN ALL NUTS AND BOLTS AT THIS TIME

STEP 5-Final Assembly



Slide Height Adjustment Tube (3) into Backrest Support Tube (2) and lock into place using Height Adjustment Knob (38).

Note: This product is designed to adjust from 5'1" to 6'6" with a Maximum User Weight of **300 LB**.

Lumbar Pad Assembly to Backrest Pad Model 510200B/510200G

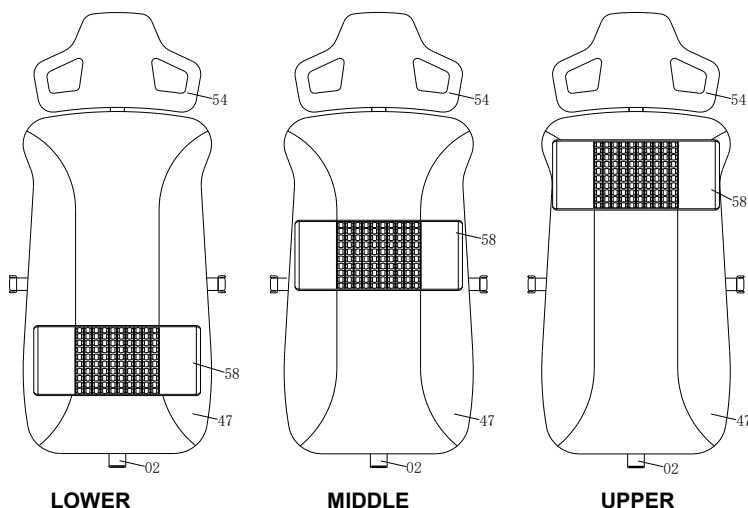
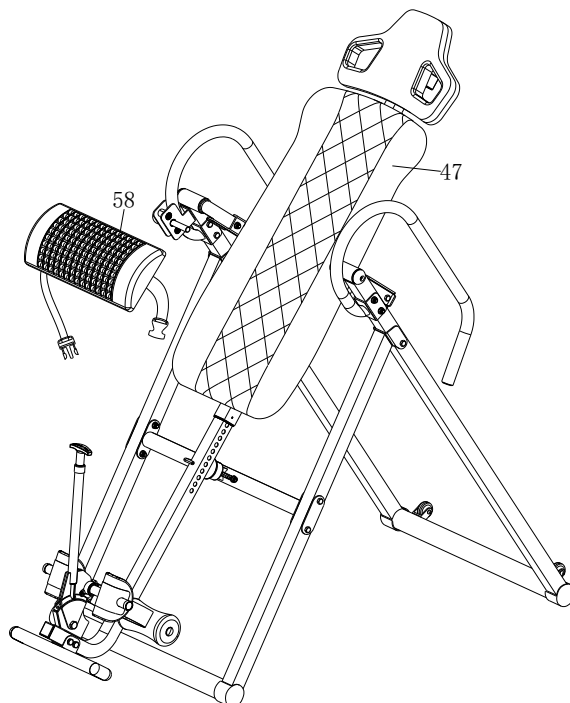
Step 6 Connecting Lumbar Pad to Backrest Pad

Attach the Bean Lumbar Pad (58) to Backrest Pad(47) using strap though the backrest pad. Once straps are connected, tighten strap to secure the lumbar pad.

This Lumbar Pad is designed to be positioned in various locations across the back pad for:

- **Lower Back**
- **Middle Back**
- **Upper Back**

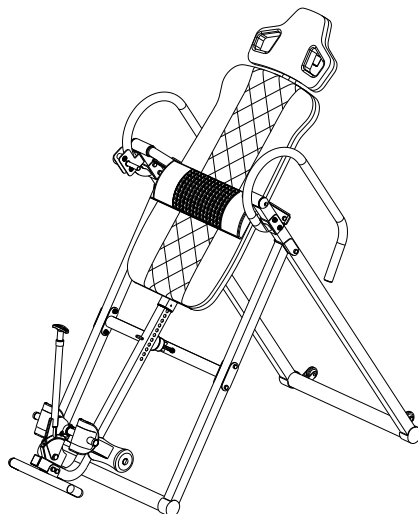
Simply detach the buckle, move to the desired area, and re-buckle



Final Assembly

**Make Sure All Nuts
Bolts and Screws are
Completely Tightened
Before Each Use.**

**Inspect Ankle Locking
System for Proper
Locking Function
Before Each Use**

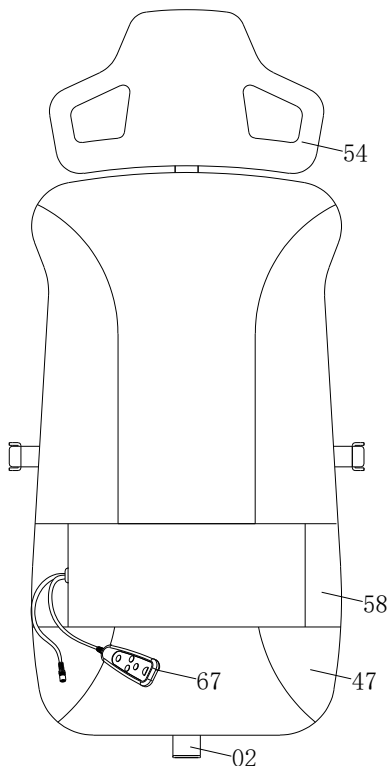
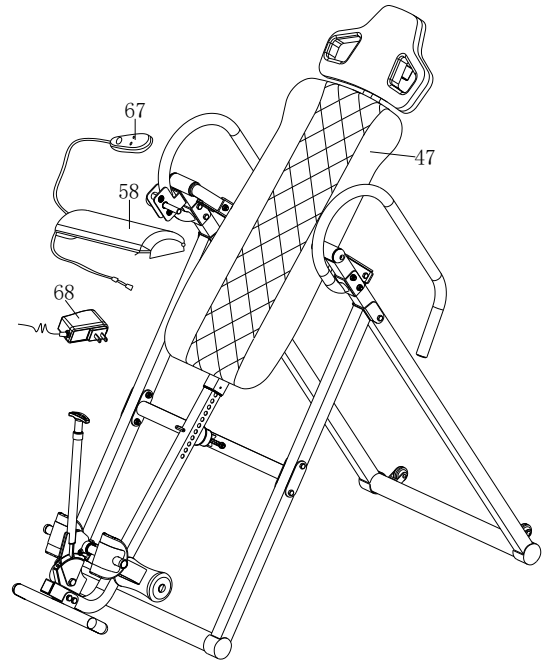


Heat / Massage Pad and Head Pad Assembly to Backrest Pad Model 510250B/510250R/510500MR

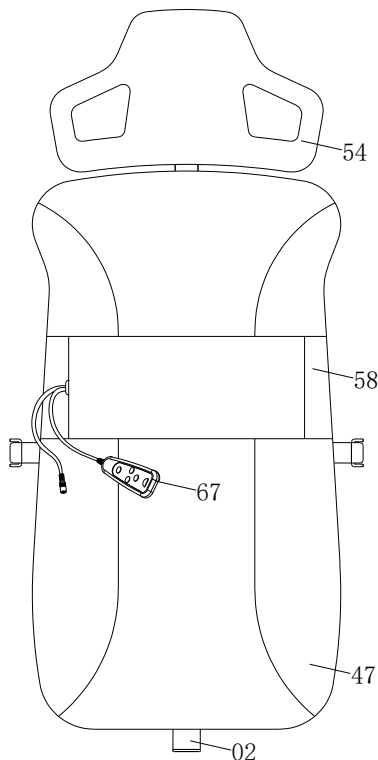
Step 6 Connecting Head Pad and Heat/Massage Lumbar Pad

Attach the Heat / Massage Lumbar Pad(58) to Backrest Pad(47) in Desired Position using Velcro. Controller(67) can be stored in Right Side Pocket of Backrest Pad(47) for easy access.

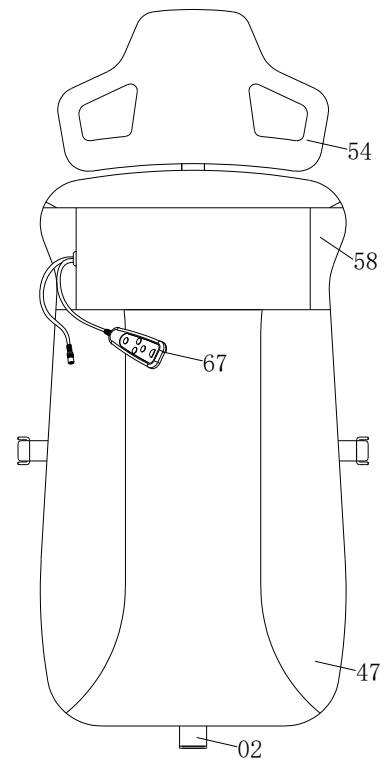
Note: Please pay careful attention that the power cord is not squeezed or damaged by the inversion table when using it.



**Heat & Massage Pad
for Lower back**

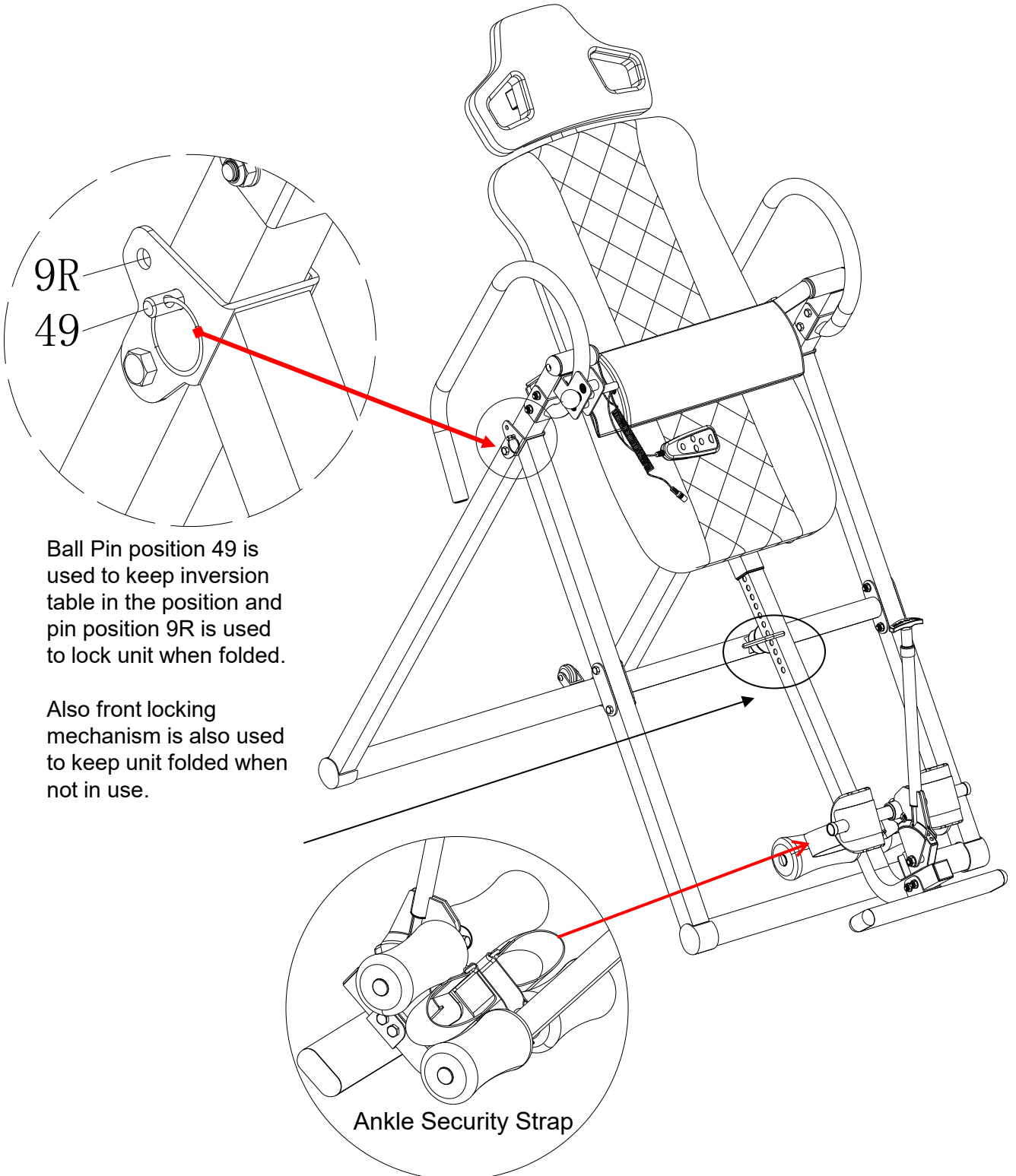


**Heat & Massage Pad
for Upper Back**



**Heat & Massage Pad
for Neck & Shoulder**

Final Assembly



Make Sure All Nuts Bolts and Screws are Completely Tightened Before Use.

Folded For Storage

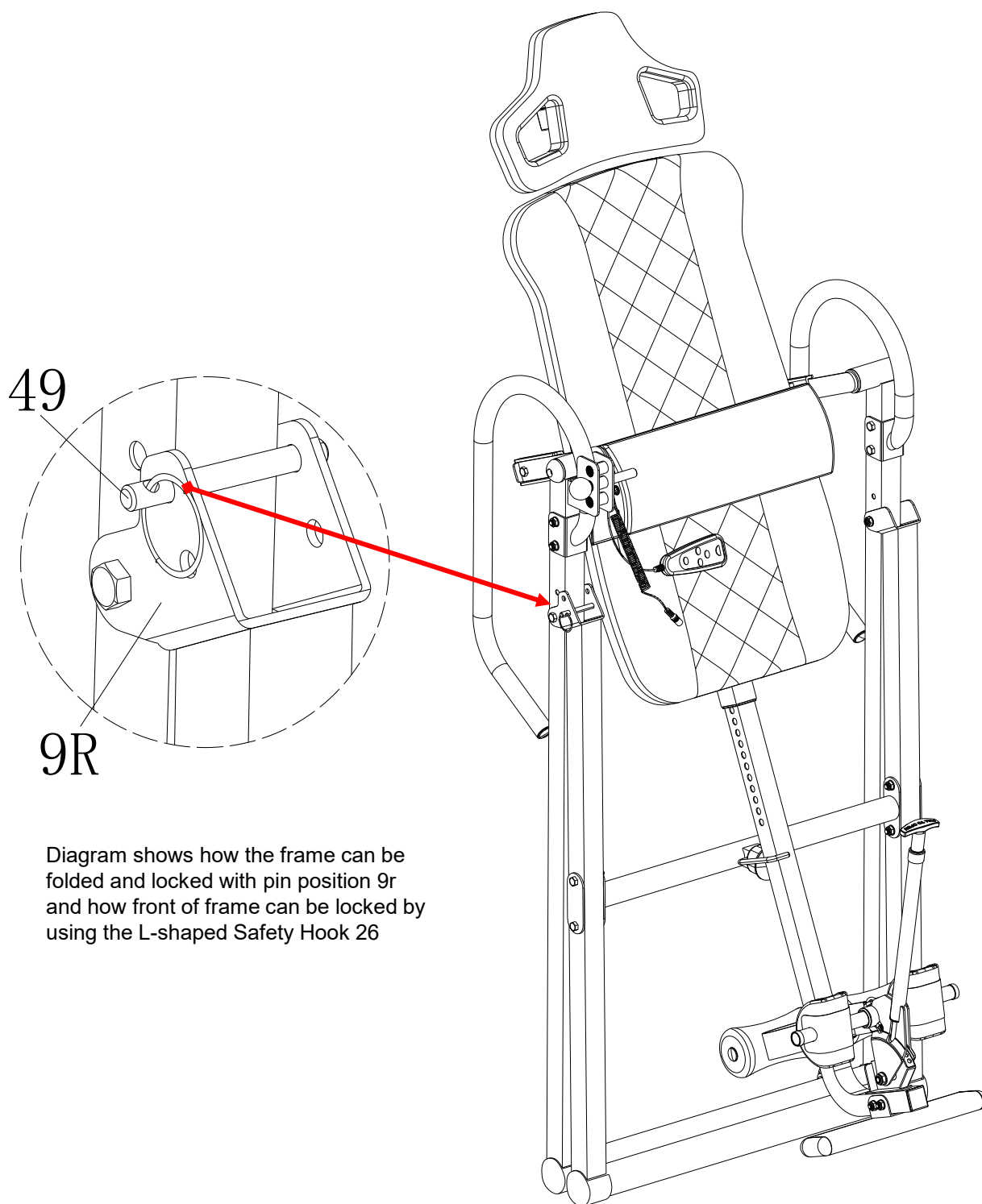


Diagram shows how the frame can be folded and locked with pin position 9r and how front of frame can be locked by using the L-shaped Safety Hook 26

Make Sure All Nuts Bolts and Screws are Completely Tightened Before Use.

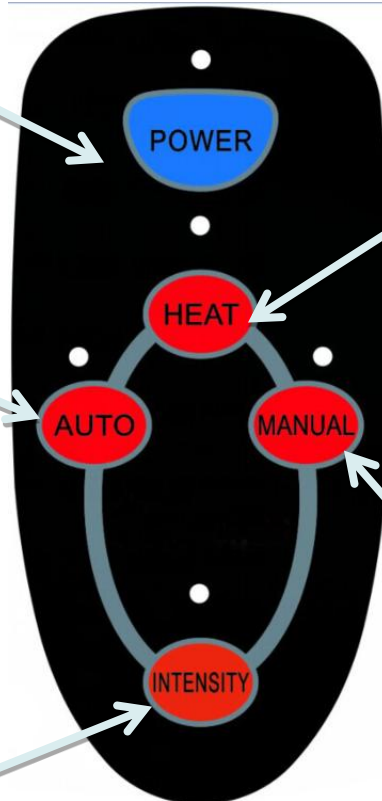
Controller Instruction

Connect the product with power source by 12V adaptor and the indicator light of "POWER" will blink into standby.

Press the "POWER" button to start the massage function, the power indicator light will stop blinking, the massage function will start in AUTO mode with 2nd level intensity

Press "AUTO" button and the massage modes and intensities will change automatically.

In Auto or Manual modes Press "INTENSITY" button to change the intensity of massage function, there are 3 levels, circulating a sequence of 2-3-1. The indicator light of "INTENSITY" is blinking faster when intensity is higher.



Press "HEAT" button to start the heat function. The indicator light of "HEAT" is red. Press again to stop the heat function, the indicator light is out.

Press "MANUAL" button to cancel the auto mode and start the manual mode. Press "MANUAL" button to change the massage modes. The indicator light of "MANUAL" is green.

Note:

For Safety DO NOT use more than 30 minutes per session.

If the unit is on and unattended it will auto shut off at 15 minutes.

PRECAUTIONS

WARNING: 300 LB MAXIMUM WEIGHT CAPACITY

To reduce the risk of serious injury, read all important precautions instructions and warnings in this manual before using the Inversion System. Zeus Gear LLC. assumes no responsibility for personal injury or property damage sustained by or through the use of the Inversion System.

DO NOT USE THIS INVERSION TABLE WITHOUT A PHYSICIAN'S APPROVAL IF YOU HAVE ANY OF THE FOLLOWING CONDITIONS

(this list is for reference only, it is not an exhaustive listing):

Pregnancy; Hiatal Hernia, ventral hernia; glaucoma, Retinal Detachment or Conjunctivitis; High Blood Pressure, Hypertension, recent Stroke or Transient Ischemic Attack; heart or Circulatory Disorders for which you are being treated; Spinal Injury; Cerebral Sclerosis; Acutely Swollen Joints; Bone Weakness (Osteoporosis), recent unhealed fractures, medullary pins and surgically implanted orthopedic supports; the use of anticoagulants, including high doses of aspirin; Middle Ear Infections, over weight or Extreme Obesity.

IF YOUR PHYSICIAN PERMITS YOU TO USE INVERSION THERAPY, DO SO UNDER THEIR DIRECTION AND HAVE OUR GUIDELINES APPROVED BY YOUR PHYSICIAN.

DO NOT LET CHILDREN USE THE INVERSION TABLE UNSUPERVISED.

THERE ARE CERTAIN PEOPLE WHO SHOULD NEVER INVERT. IF YOU THINK YOU BELONG TO THIS MINORITY, PLEASE CHECK WITH YOUR PHYSICIAN BEFORE USING THIS INVERSION TABLE.

ALWAYS WEAR LACE UP ATHLETIC SHOES. DO NOT USE IN BEAR FEET, SOCKS, SLIP ON SHOES TO PREVENT FALLING OUT OF UNIT ON YOUR HEAD OR NECK. THIS COULD CAUSE SERIOUS INJURY OR DEATH.

INSURE THAT ALL NUTS, BOLTS, AND SCREWS ARE COMPLETELY TIGHTENED BEFORE USING THIS PRODUCT.

SECURE YOUR ANKLES with LONG RATCHET SYSTEM AND ANKLE SECURITY STRAPS

HAVE SOMEONE SPOT YOU DURING INVERSION

Folded For Storage

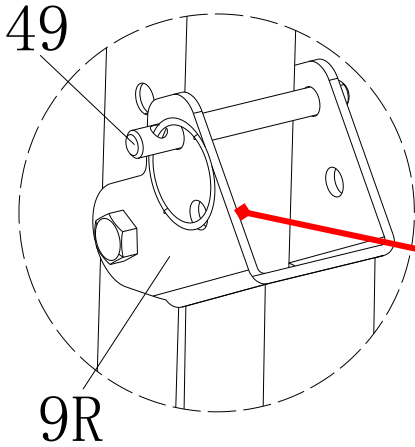
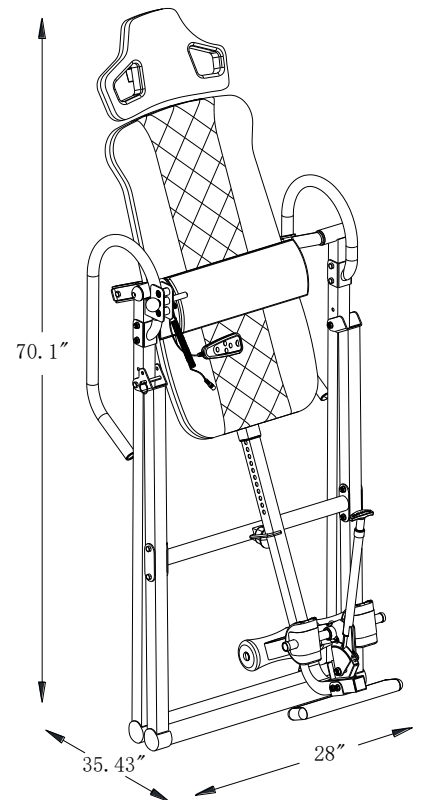
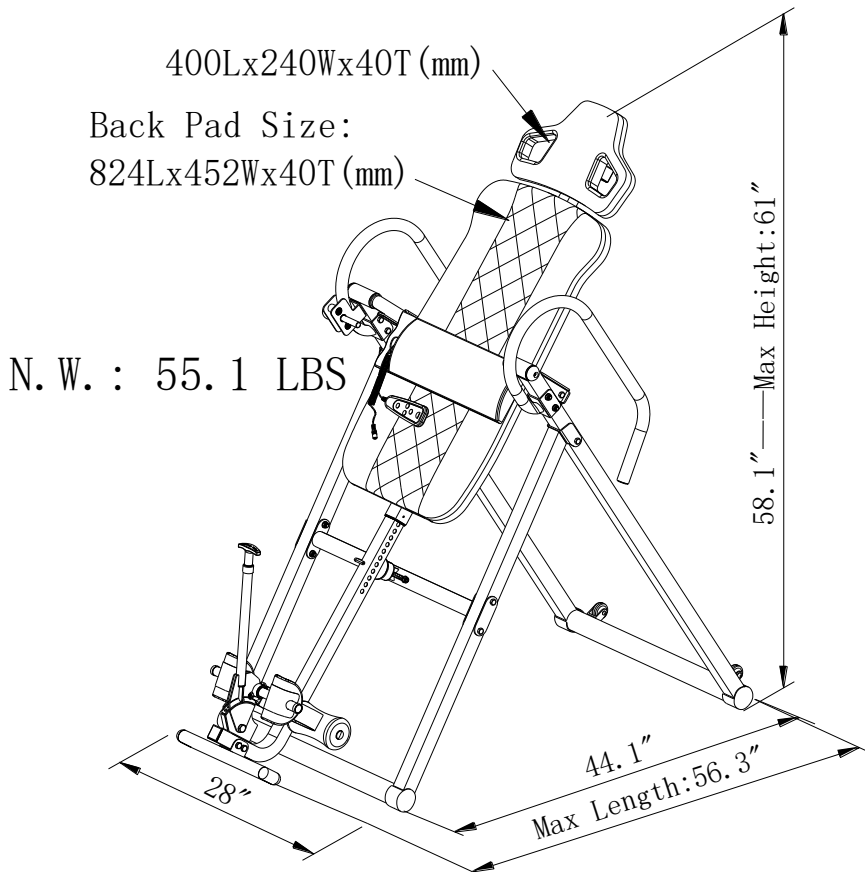
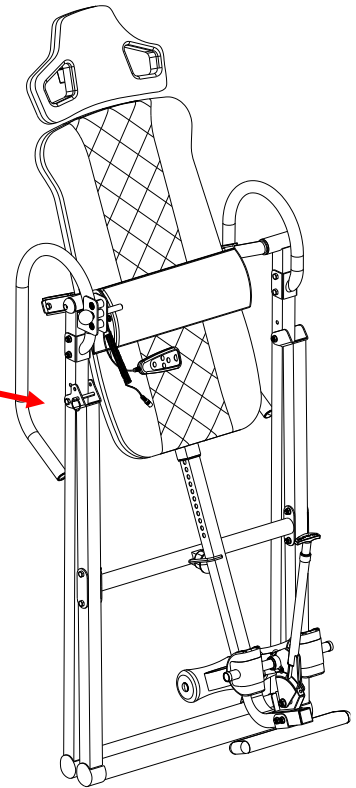


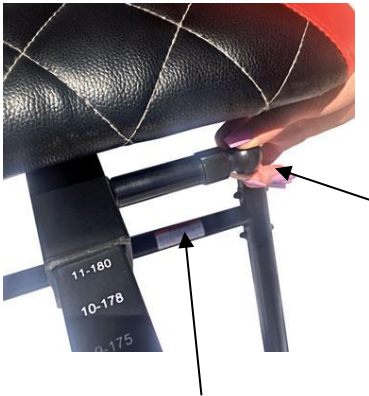
Diagram shows how the frame can be folded and locked with pin position 9r and how front of frame can be locked by using the L-shaped Safety Hook 26



Make Sure All Nuts Bolts and Screws are Completely Tightened Before Each Use.

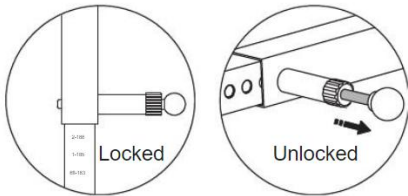
USAGE GUIDELINES

STEP 1- SETTING YOUR HEIGHT



Body Height Adjustment:
Before using this device, set the Height Selector Rod to your body height by pulling and releasing the spring loaded pull pin under the front of the pad, and moving the selector rod in or out to your desired height.

Note: Pin should lock into place when complete



Height is displayed in Feet on the Left Side (starting at 5') and Centimeters on the right side
Example: # 6 on the left = 5'6" or 168 cm.

Note: Frame Locking Pin Should be Inserted When Inverting

STEP 2- ADJUST THE ANGLE OF INVERSION – Using the Inversion Selector Pin

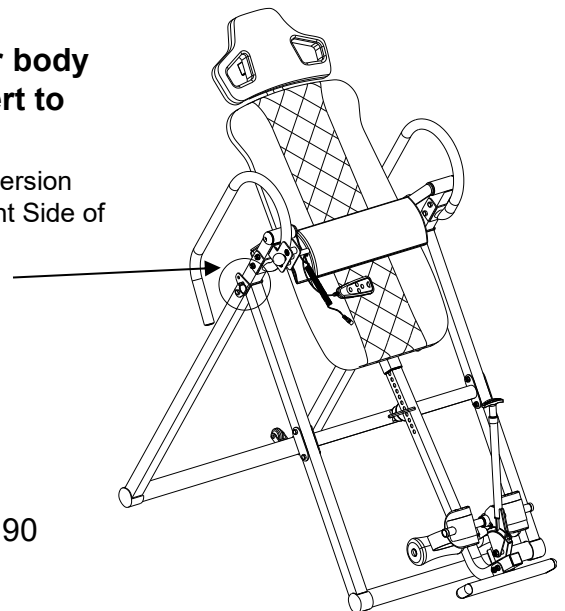
The Angle of Inversion determines how far your body will tilt backward or invert to decompress the spine.

Familiarize yourself with the Inversion Selector Pin located on the Right Side of the Inversion Table.

The 4 selections are:

- 20- Slight Inversion
- 40- Moderate Inversion
- 60- Enhanced Inversion

Using No Pin will Invert to 90 Degrees.



Photos shown are for illustration and may be different from actual unit

USAGE GUIDELINES- 3-Securing Feet and Ankles

WARNING: ALWAYS WEAR ATHLETIC SHOES WITH LACES TO HELP SECURE YOUR FEET IN THE INVERSION SYSTEM, AND FOR FOOT PROTECTION WHILE EXERCISING. DO NOT USE ANY FOOTWEAR THAT COULD INTERFERE WITH SECURING THE ANKLE LOCKING SYSTEM SUCH AS SHOES WITH THICK SOLES, HIGH TOPS, BOOTS, OR EASILY SLIP OFF THE FOOT.

ALWAYS MAKE SURE THAT THE ANKLE SYSTEM IS SECURED SNUGLY AGAINST YOUR ANKLES AND THAT:

1) THE LONG KNOB IS FULLY TIGHTENED AND LOCKS INTO PLACE EACH TIME YOU USE THE INVERSION SYSTEM.

2- SECURE ANKLE SECURITY STRAPS AROUND THE ANKLES WITH VELCRO

FAILURE TO FOLLOW THESE GUIDELINES COULD RESULT IN SERIOUS INJURY OR DEATH BY FALLING ON YOUR HEAD OR NECK

Step 1- Secure Safety Straps Around Ankles for Additional Safety and Security



Step 2- Expand the front Ankle Cups by pulling up on the Leg Tube T- Knob and moving the arm forward to allow access



Step 3- Slide Feet under Front Ankle Cups and rest heels against rear Heel Foam Rollers. Secure Ankle Straps



Step 4- Release Top T-Knob and slowly Ratchet front Ankle Cups toward body and tight against legs.

Secure legs and ankles in place by making sure leg assembly "LOCKS" into place.

Photos may be different than actual product



NOTE: ALWAYS lock the T-Knob into place before using the inversion table. See images below.



A Unlocked



B Locked

WARNING: LEGS AND ANKLES MUST BE SECURELY LOCKED INTO PLACE, AND ANKLE SECURITY STRAPS ARE ALSO SECURED AROUND ANKLES BEFORE INVERTING. DO NOT INVERT IF THIS LOCKING MECHANISM IS NOT FUNCTIONING PROPERLY, BEFORE EACH USE, AS IT COULD CAUSE SERIOUS INJURY OR DEATH.

USAGE GUIDELINES- How to Invert



A SPOTTER IS HIGHLY RECOMMENDED FOR USING THIS PRODUCT

Finding the Proper Height and Weight Adjustment

With head flat on back pad, slowly raise one arm up toward the ceiling. If the bed starts to invert backward, the height adjustment should be correct.

If the bed does not start to invert, adjust the center slider arm up or down one position at a time, until the bed starts to invert backward. Remember to use very slow arm movements.



By raising both hands over your head, the Inversion Table should now invert to a greater degree, provided that you are comfortable with the side adjustment knob being set to 20 or higher.

Note: It is recommended that beginners use the setting marked 20 for Partial Inversion.

Note: You may need to use the handlebars to push yourself back or bring yourself forward



With proper supervision, and provided you are comfortable with the side adjustment knob being set to 40 or 60, the Inversion Table will now allow for a more complete Inversion position.

Note: This Inversion Table will invert to 90 degrees without the use of the Pin, but is not recommended unless supervised

CAUTION: BY LOWERING THE HANDS BACK TO THE STARTING POSITION, THE INVERION TABLE SHOULD REVERT BACK TO THE UPRIGHT POSITION. IF IT DOES NOT, USE THE BUILT IN SIDE HANDLEBARS TO PULL YOURSELF BACK UP AND RE-ADJUST THE CENTER SLIDER TO ACCOMMODATE YOUR BODY WEIGHT AND TYPE.

Photos may be
different than
actual product

MAINTENANCE

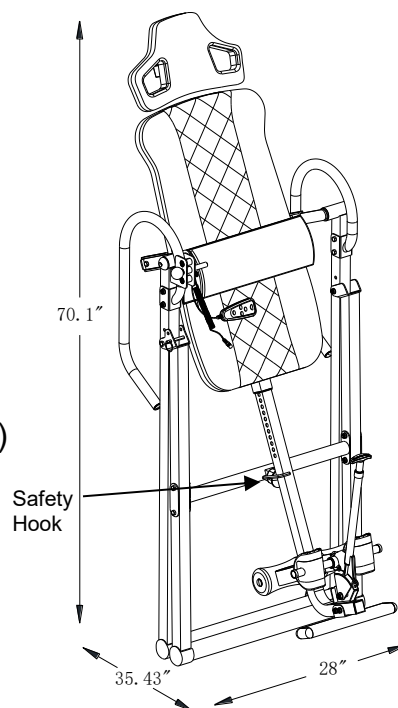
We strongly recommend that the machine is used inside and stored in a dry place. Clean the metal and plastic components with a general household cleaner
Please be sure to dry the Inversion Table and any attachments before use.

USAGE GUIDELINES- How to Fold ,Store & Secure the Inversion Table



Folding the Frame

Locate the pin on the right side of the frame. Remove the Pin, fold the Front and Rear frame sections together and replace the pin in the hole positions shown. (This will prevent the frame from opening when stored)

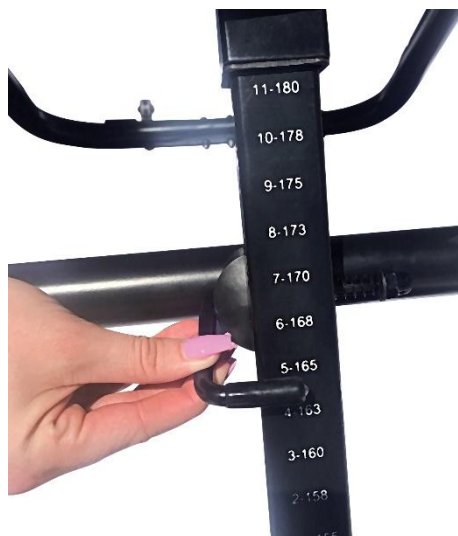


Securing the Height Adjustment Bar

Locate the L-shaped Safety Hook (28) on the front cross bar. Carefully slide it to one side to open, and slide over the height selector bar to close. (This will prevent height slider and foot rest from swinging freely)



Open Position- for Inversion Use



Closed Position-
Recommended when
Inversion Table is Not in use

Photos may be different than actual product

*** For Any Parts Required, DO NOT CALL TECHNICAL SUPPORT. Please visit our web site:
www.zeusgearllc.com**

FCC Statement Note

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this device.

NOTE:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.



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